



2 SUPER SIMPLE
*resolution
worksheets*

TO PLAN YOUR NEW YEAR

let's not overthink the next year...

For the next year, let's make resolution and goal-setting as SIMPLE AS POSSIBLE--K? No overthinking. No flow charts. No ten-step processes. All you need is thirty minutes, your creative energy, and the help of the Holy Spirit.

To help, this guide includes two worksheets that approach resolutions from different perspectives. Try one or both to set your focus for the next season and then rest easy knowing that Jesus guides our steps every day.

Worksheet #1: choose one way to serve, one way to celebrate, one way to make mornings special, and one way to connect.

Worksheet #2: Based on the four qualities of Jesus mentioned in Luke 2:52, create one goal for each area and share your goals with friends and family members.

ONE WAY TO SERVE

ONE WAY TO CELEBRATE



ONE WAY TO
MAKE MORNINGS SPECIAL

ONE WAY TO CONNECT

goal-setting grid

Based on the four qualities of Jesus mentioned in Luke 2:52, create one goal for each area and share your goals together.

